



My patient passport

Supporting gender diverse
people coming into hospital

My name is

My pronouns are

This book gives hospital staff important information about you—please bring it with you when going into hospital. This book should be placed on the end of your bed and a copy put in your notes.

This passport belongs to you—please take it with you when discharged.



Things I would like you to know about me

Name

Date of birth

How I communicate and how you can help me to consent

Religion

Pronouns

Gender identity

People who need to be contacted



Names and roles (family, carers, etc)

Telephone

GP

Telephone

History



Allergies



Current medication



Medical conditions



Medical interventions

What do I find stressful and how might I react to stress



Things that are important to me

How I would like you to communicate with me



Specific eating and drinking requirements



My personal care preferences (dressing, washing, using the toilet etc)



How I communicate that I am in pain



Support that I need (taking medication, moving around etc)



My body (what parts do I have and what do I call them)



Things I like and dislike

Things I like



Things I don't like



Completed by

Date

How to complete your patient passport

Name, pronouns, gender identity: Let us know how you would like us to refer to you while you are in hospital

Allergies: Write down your allergies, such as antibiotics, nuts, latex etc

Current medication: Let us know all your current medications, including hormone therapy (HRT)

Medical conditions: List your medical conditions, such as diabetes, epilepsy, breathing problems

Medical interventions: Let us know how you would like staff to approach you when taking blood, and giving injections or medications

Behaviour: Write down any challenging behaviour that could be a risk to yourself or to others

Communication: Let us know if you need glasses or hearing devices, and how you express yourself and understand what you are being told—for example, verbal/non-verbal, Makaton sign user, using pictures or objects, what your body language and physical behaviours mean

Eating and drinking: Let us know if you have difficulty swallowing and/or any recommendations from your speech and language therapist—also any special dietary requirements or equipment that you need, if you are independent or require extra support or supervision, and if you have a feeding regime or NJ/NG tube

Personal care: Tell us if you need support, such as assistance with using a toilet, bathing or dressing

Pain: Let us know if you communicate pain in a specific way

Support: Let us know if you need any special measures to support you and maintain your safety—for example, when taking medication, using bed rails or if you have specific behavioural support needs (including types of supervision)

Body: Let us know about your body parts and anatomical features that may be relevant to your stay in hospital, including how you would like us to refer to these—for example, *I have a vagina and a prostate* or *I have a vagina and prefer it to be referred to as my front hole*

Things I like (which calm me down): Describe things that you like, such as listening to your favourite music, watching television, using your phone/tablet/laptop, reading books, stimming, if you would like us to use pictures to explain what will happen during your stay

Things I don't like (which might upset me): Describe things that distress you, such as noisy wards, people staring at you, or not being able to prepare for procedures (injections, operations etc)



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